



SCJCL Olympika Contests and Rules

All students participating in Olympika must be dressed appropriately for athletic competition. No cleats or open toed shoes are allowed.

Each event has separate competitions for middle school and high school, and those are further split into boy's and girl's competitions.

Students do not need to pre-register for Olympika events.

Sprint Races

100m

200m

400m

Relay Races

4/100m

4/200m

Chariot Race

- Teams of 4 contestants pull a chariot with 1 rider inside.
- The first team to get its chariot to the end of the track wins.
- Each chapter can enter 1 team per competition.
- The chariot can have 2 or 4 wheels.

- **The chariot must have a handle for the rider, and the rider must be wearing a helmet.**

- Contestants pulling the chariot must wear tennis shoes.

Casual Competitions

Overview

-The casual competitions are fun games for students to test their skills and to have fun! These contests do not count towards overall sweepstakes points.

-Each event has separate competitions for middle school and high school.

Cerberus Race Rules

- Teams of 3 contestants race to the end of a track with their legs tied together.
- In each team, the middle teammate's left leg is tied to the left teammate's right, and the middle teammate's right is tied to the right teammate's left.
- The first team to reach the end of the track wins.

Egg Race Rules

- Teams of 2 contestants race to the end of a track while carrying an egg with a spoon.
- 1 teammate—the runner—carries the egg. The other teammate—the helper—stays at the beginning of the track.
- If a runner drops their egg, they must stop until their helper brings them a new egg. – Helpers can only carry 1 egg at a time.
- The 1st team to reach the end of the track wins.

Egg Toss Rules

- Teams of 2 contestants attempt to repeatedly throw and catch an egg.

- Teammates start at a set distance from each other and throw their egg back and forth.
- An announcer will periodically tell the contestants to move back, at which point teammates will move away from each other a set distance.
- If a team's egg lands on the ground, that team is eliminated regardless of if the egg breaks or not.
- The last remaining team wins.
- Contestants must wear tennis shoes. Cleats or open-toed shoes are NOT allowed.

Scavenger Hunt

- Teams of 3 contestants attempt to find and solve puzzles for a prize.
- Each team will be given a set of clues to begin their scavenger hunt around campus.
- The first team to finish wins.
- We recommend combining students who are currently taking different levels of Latin and/or Greek.